

Access to Nutrition Statement

RB is the global leading consumer health and hygiene company. From the foundations of wellness and infant nutrition, to the fundamentals of a hygienic home, RB's purpose is to deliver innovative solutions for healthier lives and happier homes. We aim to support consumers across all of life's stages, especially during the first 1000 days. Mead Johnson Nutrition (MJN), acquired by RB in June 2017, has been nourishing babies for more than 110 years and is trusted by healthcare professionals and consumers around the world. We are committed to providing safe and nutritious products for infants and young children.

RB engages in knowledge sharing with stakeholders, seeking balanced and evidence-based dialogue with the aim of advancing health and well-being of infants, children and mothers around the world. RB commits to be at the forefront of partnerships with stakeholders to meet the UN Sustainable Development Goals (SDGs). We will work across industry, government and civil society to promote engagement, transparency and continuous improvement.

RB acknowledges that not all consumers have access to the nutrition they need to promote a healthy lifestyle. We endeavour to improve access to healthy nutrition for parents and caregivers, and science-based nutrition information and education, to enable consumers around the globe to make informed nutrition decisions for their children and to choose healthier foods that meet their infant and young children's nutritional needs.

Access to Science-based Nutrition Information

Access to accurate and scientifically validated nutrition information is critical for healthcare professionals to provide the best nutritional advice, and to empower mothers to make informed nutrition decisions. The critical and specialised nature of our infant and child nutrition products requires that we work closely with scientific and medical communities. We believe that informing healthcare professionals on the latest innovations in infant and young child nutrition – including the provision of products for professional evaluation where this is permitted – enables them to advise parents on making informed choices about the most suitable nutritional options for specific circumstances.

Nourishing for the Best Start in Life

Good nutrition helps set the stage for health and wellness throughout life. Perhaps the most critical window for good nutrition is the period of time from infancy through adolescence. This is when virtually every part of the body is rapidly developing. The foods we consume provide nutrients that serve as the fuel and building blocks for growth and development. While all foods support growth and development, some are better than others in doing so.

Brain growth falls within this important developmental window. The brain grows to over three quarters of its final size during the first three years of life. While all nutrients are important to support brain growth, some nutrients – such as docosahexaenoic acid (DHA) – have been shown in clinical

studies to positively impact measures of cognitive development. Our bodies have the ability to synthesize DHA from alpha-linolenic acid; however, a dietary source of this omega-3 fatty acid is required since our bodies can't produce it. Additionally, the amount of DHA that the body is able to produce during infancy is limited. This is a clear example of how early nutrition can have a long-lasting impact.

The skeletal architecture is also rapidly growing during this developmental period. Bones continue to grow in length throughout mid- to late-adolescence, and peak bone density is achieved by early adulthood. Calcium and vitamin D are essential for bone growth. Calcium is a physical component of the bone, whereas vitamin D helps with absorption of calcium from the diet.

Our bodies make vitamin D when the skin is exposed to sunlight; however, vitamin D synthesis is limited when the skin is covered with clothing or sunscreen. Dietary sources of both vitamin D and calcium are, therefore, required to support optimal bone growth.

Good nutrition practices early on can also help to set children up for healthy body weight management throughout life. This is important, because unhealthy body weight resulting from either under- or over-nutrition has been linked to numerous adverse health outcomes. While no foods are able to completely stave off adverse health issues, wise food choices help to support overall health and development.

Modeling good nutrition practices early for children helps teach them to make wise nutritional choices in the future. A key to great nutrition is providing a variety of balanced meals with plenty of fruits and vegetables. Sweets and treats are fine for children, but they should be given in moderation. It's also important to ensure that children engage in plenty of physical activity during this window of development. These are just a few examples of how crucial early nutrition is to healthy growth and development. Parents and caregivers have a unique opportunity early in their children's lives to set the foundation for good nutrition practices for a lifetime.

Helping Infants and Children Meet their Nutrient Needs

Many nutrients have specific requirements which are translated into minimum levels and maximum levels in products specially formulated to help meet the nutrition needs of infants and children. Our products are carefully and precisely formulated to ensure the levels of nutrients will comply with the declared nutrient values on the product label until their expiration date. The nutrient declaration on our labels contains information about energy expressed in kilocalories (kcal) or kilojoules (kJ) depending on the country requirements, and protein, carbohydrate and fat, as well as the total quantity of each vitamin, mineral, and other nutrients, as required by country regulations, per 100 kcal or per 100 g.

Infant formulas and Follow Up Formulas have specific labeling requirements outlined by national regulations as well as requirements specified by the Codex Alimentarius. Our infant and children's products adhere to all regulations in the countries where we do business.

Improving Food Standards and Nutrient Composition through Codex

The Codex Alimentarius international food standards, guidelines and codes of practice contribute to the safety, quality and fairness of international food trade. Consumers can trust the safety and quality of the food products they buy and importers can trust that the food they ordered will be in accordance with their specifications. Codex standards are based on sound science provided by independent international risk assessment bodies or ad-hoc consultations organized by FAO and WHO. While being recommendations for voluntary application by members, Codex standards serve in many cases as a basis for national legislation.

The Codex Alimentarius Commission and its subsidiary bodies are committed to revision as necessary of Codex standards and related texts to ensure that they are consistent with and reflect current scientific knowledge and other relevant information. When required, a standard or related text shall be revised or removed in accordance with the Procedures for the Elaboration of Codex Standards and Related Texts.

RB supports and participates via Trade Associations in the strengthening of science-based international standards developed by Codex, including the Codex Committee on Nutrition and Foods for Special Dietary Uses (CCNFSDU). The role of CCNFSDU is to study specific nutritional problems assigned to it by the Commission and advise the Commission on general nutrition issues; to draft general provisions, as appropriate, concerning the nutritional aspects of all foods; to develop standards, guidelines or related texts for foods for special dietary uses, in cooperation with other committees where necessary; and, to consider, amend if necessary, and endorse provisions on nutritional aspects proposed for inclusion Codex standards, guidelines and related texts.

Continually Innovating to Improve Nutritional Outcomes – Microbiome Initiative

MJN/RB and Massachusetts General Hospital (MassGeneral) for Children are partnering to participate in the National Microbiome Initiative, sponsored by the White House Office of Science and Technology Policy to advance research surrounding the human microbiome.

The microbiome is a complex ecosystem of microorganisms – also known as microbes – that consists primarily of bacteria that live on and within the human body. These microbes are found in the nose and on the skin, as well as in the gastrointestinal tract. They help us digest food, synthesize vitamins, regulate our immune system and may even impact brain functions. Our microbes vastly outnumber the cells in our bodies and are passed down from mother to child.

We can alter the microbiome of the gastrointestinal tract via nutrition, especially through the use of prebiotics and probiotics. While the science surrounding the overall human microbiome is well advanced and moving forward at light speed, our understanding of the gut microbiome is still in the early stages.

As part of this White House initiative, MJN/RB and MassGeneral will work to continue advancing pediatric microbiome science. Together, this partnership will:

- develop an innovative system to better understand how specific dietary factors impact the gut microbiome during a child's formative years;
- fund new educational opportunities at the graduate and post-doctoral level that focus on this unique area of research; and
- host a gut microbiome-themed symposium at a major pediatric nutrition conference.

MJN/RB and MassGeneral believe the first few years of life provide a unique opportunity to impact development of the microbiome that can have lasting effects across multiple systems in the human body well into adulthood. Both organizations are committed to raising awareness about the importance of the microbiome for pediatric health. They are also planning to pursue open access publication of manuscripts generated from this partnership to encourage more research in this area.

The bacteria of the gastrointestinal tract play an essential role in the development of the immune system. Thus, a healthy gut microbiota – one that has an adequate balance of good bacteria – is essential for the development of a healthy immune system. Emerging science suggests that prebiotics largely support the infant immune system through their effect on the composition and/or activity of intestinal bacteria. Our proprietary blend of prebiotics in our Enfa products is designed to help support infants' natural defenses by promoting the growth of good, health-promoting bacteria in the digestive tract. Rather than relying on only one – or even a handful of studies – to support the safety and new infant nutrition requirement for nutrients delivered by our products, Mead Johnson bases its formulations on accumulated clinical research, collaboration with academic centers of excellence, and a significant body of peer-reviewed scientific evidence.

Using Our Science and Resources to Support Vulnerable Children and Their Families

As a global leader in pediatric nutrition, MJN/RB is committed to advancing the growth and development of children and families around the world – whether through our core infant and child nutrition products or a range of corporate social responsibility initiatives. We know that good nutrition early in life supports lifelong health. Depending on local needs, our efforts involve combinations of nutrition education, healthcare information and support, and the provision of key nutrition products in order to help as many children and families as possible reach their full potential.

Our initiatives build on our business offerings and seek to alleviate gaps and shortcomings in nutrition and other essential resources among children and their families who – without external support – would suffer from malnutrition, other serious nutritional deprivations or metabolic disorders.

We focus primarily on the following groups:

Orphans

According to UNICEF estimates:



>7
MILLION
babies and children
are in institutional care
around the world



18
MILLION
children worldwide
have been orphaned
by HIV/AIDS



138
MILLION
of the world's
children have lost
one or both parents

Children with Metabolic Diseases

Inherited metabolic diseases in newborns, if left untreated, could result in lifelong developmental difficulties or death.



1 OUT OF EVERY **2,000** NEWBORN INFANTS



are affected by inherited metabolic disorders and are unable to break down a specific nutrient due to a defect in the metabolic pathway, leading to significant health complications.

Children and Families Living in Vulnerable Circumstances

According to the World Bank, more than 1 billion children suffer from at least one form of severe deprivation in terms of basic needs, such as water, food and/or sanitation.



1 IN **5**



children living in developing countries is severely underweight.

Our Ongoing Goal: Expand the boundaries of scientific collaboration and share knowledge to benefit children and caregivers around the world

Since 2010, the Mead Johnson Pediatric Nutrition Institute has developed four leading-edge technology and learning centers around the world – in the United States, China, Mexico and Singapore. Through these centers and various internal and external medical and scientific investigations, we advance research, share knowledge and translate insights into practical nutrition solutions that benefit infants and children. We also pioneer new and better ways to make positive, long-term health differences in young lives around the world. At the same time, the Mead Johnson Pediatric Nutrition Institute helps drive continuous improvement in manufacturing processes, quality practices and safety standards throughout our company's operations.



Through our initiatives and partnerships, we are pushing the boundaries of understanding around early childhood nutrition, with a particular focus on:

- creating new educational and technical resources for health care and scientific professionals;
- incorporating the most advanced nutrition and food science innovation into food technology processes and products to meet the evolving needs of children; and
- establishing dynamic private-public partnerships on nutrition and food safety.

Part of our overall commitment to supporting children in fragile and most vulnerable circumstances is focused on knowledge sharing – to help ensure that policymakers, healthcare providers, scientists, NGOs and others have access to the most recent scientific information and research. The Mead Johnson Pediatric Nutrition Institute seeks to broadly share groundbreaking early childhood nutritional information and best practices through symposiums and other educational efforts, as well as supporting publication of reference books, such as “Nutritional Care of Preterm Infants – Scientific Basis and Practical Guidelines” published by the World Review of Nutrition and Dietetics.

Moving into our second century of operation, MJN and the Mead Johnson Pediatric Nutrition Institute will continue to strive to make a positive impact on early nutrition and long-term quality of life, working tirelessly to address the nutritional needs – and challenges – of today’s children and future generations.

Conclusion

We recognize that much more needs to be done to improve access to healthy nutrition. We will work constructively with all stakeholders including policy makers and healthcare professionals to promote evidence-based, well informed policies that help families, infants and children receive the nutrition that is best for them.